



Tongue Ties

All babies have a lingual frenulum below the tongue. Many babies have a 'tongue tie' and a small minority have a tight tie that impacts breastfeeding. There is no need to divide ties if breastfeeding is going well. If you are concerned about this please ask your doctor if they recommend 'clipping' this.

If a clinical exam reveals moderate-severe small surgery can be done to release the tie. Baby can be fed immediately after it is completed. This surgery cannot be performed in babies who have not received a vitamin K shot.

We do not recommend clipping mild ties, deep posterior tongue tie, buccal or lip tie surgeries. We do not recommend laser procedures.

